



Lizard Handwriting



Daily handwriting lesson

1) Start the lesson with a hand and shoulder warm up activity.

*See handbook for examples

2) Next, draw around the infinity sign to help strengthen the movement in the wrist.

Left-handers use this one



Right-handers use this one



3) Reception, Year 1 and 2 to complete one section of the 'Letter formation' book each day.

4) KS2 to complete as much of the page as deemed appropriate.

Use the Teacher's Book to find more information on:

- Key aims
- Sitting position
- Developing a good pencil grip
- Left-handed writers
- Paper position
- Correcting handwriting problems